

Position	Name	Club	Time
1	Kenny Wilson	MRR	8.56
2	James Geddes	Inverness Harriers	9.47
3	Jenny Bannerman	Inverness Harriers	9.57
4	Darrin Cameron	MRR	10.11
5	Alex Geddes	Inverness Harriers	10.23
6	Craig Wilson	Inverness Harriers	10.25
7	Tom McWilliam	Inverness Harriers	10.30
8	Steve Worsley	Inverness Harriers	10.47
9	Iain Allan		10.54
10	Grace Whelan	MRR	10.55
11	Simon Garland	MRR	11.03
12	Lucas Cairns	Inverness Harriers	11.05
13	Stuart Gardiner	Inverness Harriers	11.11
14	Brian Mackenzie		11.35
15	Anna Macarthur	Triathlon Inverness	11.37
16	Ben Sharpe	Inverness Harriers	11.40
17	Dave More	UK Net Runner	11.44
18	Roma Shepherd	Inverness Harriers	12.02
19	Susan McRitchie	Forres Harriers	12.06
20	Robert Bruce	MRR	12.17
21	Rachel Johnstone	Inverness Harriers	12.17
22	Niamh Whelan	MRR	12.27
23	Julie Wilson	Inverness Harriers	12.28
24	Eve Gardiner	Inverness Harriers	12.35
25	Jessica McCulloch	East Sutherland	12.38
26	Keith Geddes	Inverness Harriers	12.39
27	Karen Norvell	MRR	12.40
28	Christopher Smith	MRR	12.41
29	Euan Cantlie	MRR	12.47
30	Claire Smith	MRR	12.59
31	Lynda Anderson	MRR	13.12
32	Charlotte Hill	Inverness Harriers	13.27
33	Sally Bruce	MRR	13.42
34	Kathryn Macpherson		13.56
35	Amanda Strang	MRR	14.03
36	Joanne Hill		14.04
37	Barbara Bowie	MRR	14.05
38	Ruth Wilson	Inverness Harriers	14.18
39	Shona Spencer	Forres Harriers	15.35
40	Elaine Cheyne	Inverness Harriers	16.55
41	Jennifer Spencer	Forres Harriers	17.40
42	Avril Geddes	Inverness Harriers	19.08