

Position	Name	Club	Time
1	James Geddes	Inverness Harriers	9.43
2	Jenny Bannerman	Inverness Harriers	10.02
3	Alex Geddes	Inverness Harriers	10.41
4	Ben Cameron	Forres Harriers	10.43
5	Rhona Grant	HHR	10.56
6	Stuart Gardiner	Inverness Harriers	11.14
7	Lucas Cairns	Inverness Harriers	11.19
8	Ross Cairns	Inverness Harriers	11.22
9	Lukas Schmidt		11.32
10	Nigel Williams	MRR	11.33
11	Emily Andrew	Inverness Harriers	11.44
12	David Spencer	Forres Harriers	11.49
13	Hilary Cameron	Forres Harriers	11.51
14	Alison Wilson	Inverness Harriers	11.59
15	Susan McRitchie	Forres Harriers	12.04
16	Catriona Garvie	Inverness Harriers	12.16
17	Dave Mathers	MRR	12.19
18	Elspeth Jenkins	MRR	12.28
19	Lily Carmichael	Forres Harriers	12.33
20	Mairi Darroch	Inverness Harriers	12.57
21	Heather Gardiner	Inverness Harriers	13.06
22	Charlie Bannerman	Inverness Harriers	13.09
23	Willie Moir		13.24
24	Toks Osinrunade	MRR	13.40
25	Barbara Bowie	MRR	13.54
26	Jo Hill	Inverness Harriers	14.03
27	Shona Spencer	Forres Harriers	14.53
28	Grace Jenkins	MRR	15.30
29	Roslyn McRitchie	Forres Harriers	15.33
30	Elaine Cheyne	Inverness Harriers	16.26
31	Frances Wardhaugh	MRR	17.44