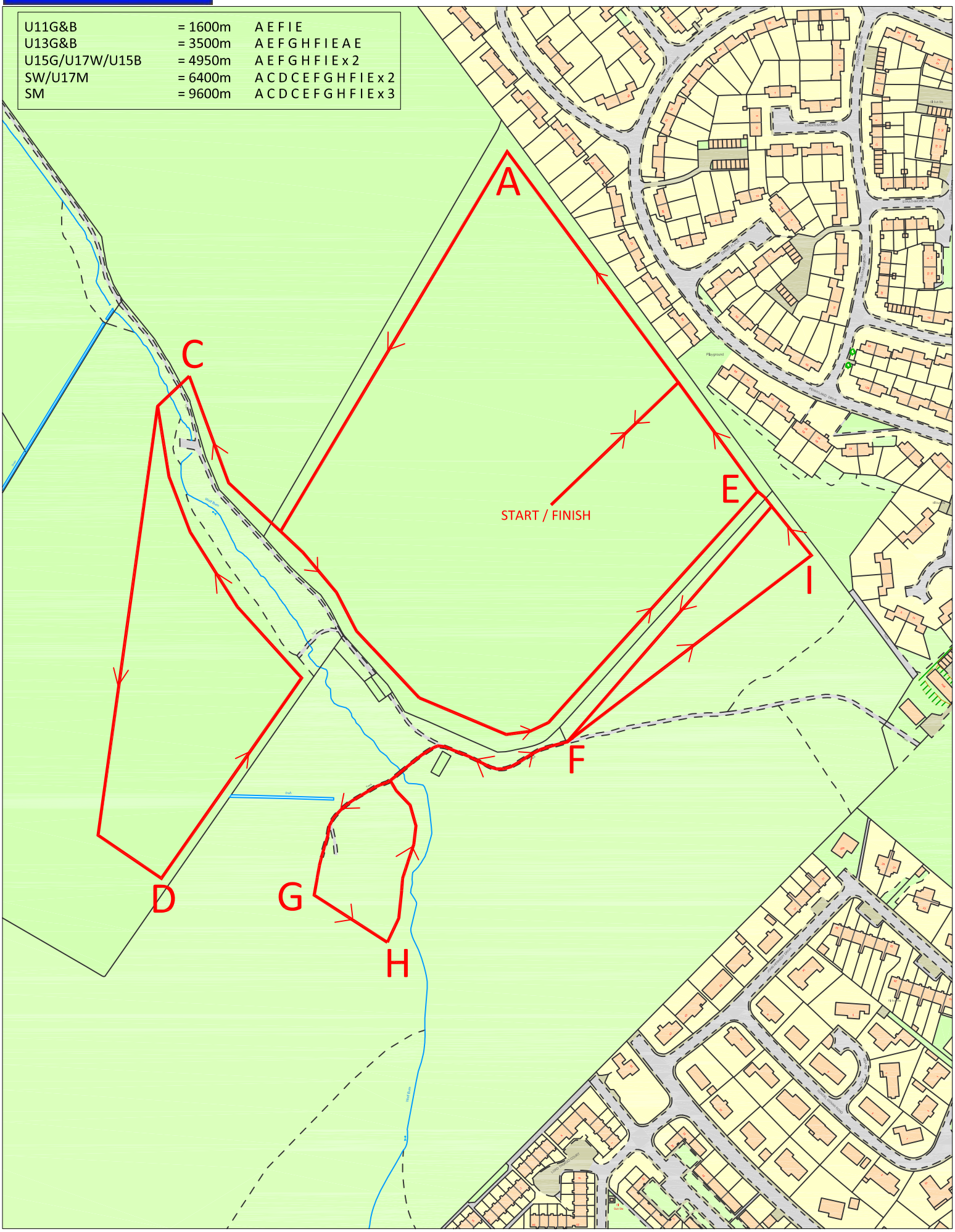
RUN 4 IT NORTH DISTRICT CROSS COUNTRY LEAGUE
NDCCL LEAGUE FIXTURE 4 2017/18 SEASON
MAP OF COURSE

U11G&B	= 1600m	A E F I E
U13G&B	= 3500m	A E F G H F I E A E
U15G/U17W/U15B	= 4950m	A E F G H F I E x 2
SW/U17M	= 6400m	A C D C E F G H F I E x 2
SM	= 9600m	A C D C E F G H F I E x 3