

# FORRES HARRIERS' 5k 2024

Posn	No	Name	Club	Cat	Time
1	92	Lachlan Oates	Shettleston Harriers	M	0:15:16
2	96	Lucas Cairns	Inverness Harriers A A C	M	0:15:38
3	25	James Wilson	Moray Road Runners	M	0:15:42
4	13	Lachlan Thomas	Ross County Athletics Club	M	0:15:48
5	23	Shaun Cumming	East Sutherland Athletics Club	M	0:15:48
6	14	Kaeden Thomas	Ross County Athletics Club	M	0:16:45
7	93	Finlay Raynor	Inverness Harriers	M	0:16:55
8	80	Ruairidh Stirling	Inverness Harriers A A C	M	0:17:08
9	31	Ross Finlayson	Moray Road Runners	M	0:17:14
10	12	Craig Lambie	Scottish Fire & Rescue Service AC	M	0:17:20
11	30	Peter Fraser	Inverness Harriers	M40	0:17:22
12	98	Robbie Patterson	HHR	M40	0:17:23
13	21	Caitlyn Heggie	Inverness Harriers	F	0:17:24
14	10	Alistair MacWilliam	Moray Road Runners	M	0:17:25
15	38	Daniel Irvine	Forres Harriers	M	0:17:32
16	45	Alistair Young	Ross County AC	M	0:17:34
17	106	Michael Bishenden	MRR	U20	0:17:38
18	19	Mark Wilkins	Metro Aberdeen Running Club	M40	0:17:39
19	99	Bobby Willett	0	M	0:17:43
20	55	Ryan McKenzie	Highland Hill Runners	M40	0:17:44
21	43	Dean Stevenson	0	M	0:17:52
22	35	Stuart Prentice	Nairn Road Runners	M	0:17:55
23	36	Waldemar Krogulec	Highland Hill Runners	M40	0:17:56
24	17	Ryan Slessor	Moray Road Runners	M	0:18:13
25	52	Scott Phimister	Moray Road Runners	M40	0:18:22
26	44	Stephen Carmichael	Moray Road Runners	M50	0:18:38
27	18	John Mitchell	0	M40	0:18:44
28	78	Louise Cartmell	Moray Road Runners	F	0:18:52
29	16	Colin Hall	Forres Harriers	M50	0:18:59
30	66	Amy Hudson	Moray Road Runners	F	0:19:01
31	57	Andrew Campbell	Moravian Orienteers	M50	0:19:05
32	53	Alyth Gollan	Dundee Hawkhill Harriers	F	0:19:06
33	79	Bryan Cameron	0	M	0:19:14
34	56	Martin Robinson	Ross County Athletics Club	M50	0:19:16
35	107	Andy Young	RC	M40	0:19:22
36	28	Kirstie Rogan	Highland Hill Runners	F	00:19:31
37	83	Katie Meek	Inverness Harriers	F	0:19:35
38	27	Mark Brumby	Forres Harriers	M40	0:19:43
39	1	Tom McWilliam	Inverness Harriers	M50	0:19:44
40	47	Tim Brand	Lochaber Athletic Club	M60	0:19:52
41	4	Simon MacDonald	Moray Road Runners	M60	0:19:53
42	50	Jack Harrison	0	M	0:20:02
43	46	Stuart Dalgarno	Spey Runners	M	0:20:08
44	108	Oliver Watson	Glasgow Uni	M	0:20:10
45	90	Sheila Gollan	East Sutherland Athletics Club	F50	0:20:12

46	73	Steven Worsley	Inverness Harriers A A C	M60	0:20:13
47	94	Callum Shand	Moray Road Runners	M	0:20:15
48	41	Craig Rowley	Moray Road Runners	M	0:20:18
49	85	Neale Morrison	0	M	0:20:19
50	72	David Hill	0	M40	0:20:23
51	97	Kevin MORRISON	Moray Road Runners	M	0:20:26
52	105	Iain MacLennan	HHR	M50?	0:20:32
53	104	Amy MacLellan	Shettleston Harriers	F	0:20:37
54	49	Gary Urquhart	East Sutherland Athletics Club	M40	0:20:51
55	29	Mike Howell	Forres Harriers	M60	0:20:54
56	24	Lawrie Currie	Moray Road Runners	M40	0:20:58
57	69	Susan McNairney	Moray Road Runners	F40	0:21:02
58	6	Kayleigh Edwards	Moray Road Runners	F	0:21:30
59	15	Iona Robertson	Highland Hill Runners	F40	0:21:35
60	95	Matthew Howell	0	M	0:22:09
61	37	Alex Sutherland	Inverness Harriers		0:22:12
62	77	Sarah Mcilvaney	Moray Road Runners	F	0:22:19
63	59	Joanne Philip	0	F40	0:22:44
64	100	Annie Morrison	0	F40	0:22:46
65	101	Grace Jenkins	MRR	F	0:22:52
66	58	KATRINA ROWE	Forres Harriers	F	0:22:53
67	22	Jackie Nicol	Forres Harriers	F60	0:22:55
68	82	Callum Craib	Moray Road Runners	M	0:23:00
69	48	Katy Innes Wigg	Liss Runners	F	0:23:31
70	91	Anne Hewes	Moray Road Runners	F50	0:23:52
71	70	Garry Henderson	Moray Road Runners	M60	0:24:07
72	32	Alan Bothwell	Perth Road Runners	M60	00:24:13
73	89	Lauren Cameron	0	F	0:24:18
74	86	Clare Nicholas	Forres Harriers	F50	0:24:31
75	65	Andrew Donegan	Moray Road Runners	M50	0:24:41
76	67	Karen Norvell	Moray Road Runners	F50	0:24:54
77	60	Laura Dawson	0	F	0:25:41
78	63	Amanda Strang	Moray Road Runners	F50	0:25:56
79	64	Catherine Donegan	Moray Road Runners	F50	0:26:04
80	68	Izabella Cruickshank	Forres Harriers	F	0:26:05
81	61	Faye Morrison	0	F40	0:26:08
82	71	Colin Cumming	Moray Road Runners	M40	0:26:09
83	74	Steven Morrison	Moray Road Runners	M40	0:26:09
84	75	Alison Moore	Blackburn Road Runners	F50	0:26:30
85	103	Michael Smith	0	M	0:27:15
86	102	Mark Fellows	0	M50	0:27:16
87	84	Lyndsey Morrison	0	F	0:27:18
88	87	Frances Russell	Forres Harriers	F60	0:27:35
89	81	Kenneth James Craib	0	M40	0:27:57
90	20	Kim Birchall	0	F40	0:28:26
91	51	Malcolm Christie	Elgin AAC	M60	0:30:11
92	33	Susan Bothwell	Perth Road Runners	F60	0:32:48