

<b>Position Number</b>	<b>Time</b>	<b>Name</b>	<b>Club</b>	<b>Category</b>	
1	66	30.42	Robin Regan	Inverness Harriers	Male 18-39
2	104	32.15	Shaun Cumming	East Sutherland Athletics Club	Male 18-39
3	122	33.02	Gordon Lennox	ESAC	Male 40-49
4	62	34.28	Sam Milton	Moray Road Runners	Male 18-39
5	31	36.04	Ross Finlayson	Moray Road Runners	Male 18-39
6	7	36.23	Ryan Slessor	Moray Road Runners	Male 40-49
7	96	36.25	Ben Wilson		Male 18-39
8	123	36.55	Jamie Riddoch		Male 18-39
9	54	37.04	Gregor Thurlow-White		Male 18-39
10	75	37.13	Darren Green	Moray Road Runners	Male 15-17
11	126	37.28	Dave Fraser	Peterhead Athletics Club	Male 40-49
12	128	37.53	Catriona Fraser	Inverness Harriers A A C	Female 18-39
13	27	37.59	Connor Cameron	Moray Road Runners	Male 15-17
14	124	38.22	Paul Paterson	Inverness Harriers	Male 40-49
15	74	38.23	Mark Madigan	MGC_RT	Male 40-49
16	61	38.32	Stephen Carmichael	Moray Road Runners	Male 50-59
17	112	39.19	Warren King	Moray Road Runners	Male 18-39
18	127	39.32	stuart buchanan		Male 18-39
19	59	39.37	Pete Pattisson		Male 50-59
20	109	39.38	Alasdair Jenkins	Moray Road Runners	Male 15-17
21	134	40.15	Hector Waudby-West	Inverness Harriers	Male 18-39
22	103	40.19	Russ Sanders		Male 50-59
23	44	40.23	Rob Wynne	Garioch Roadrunners	Male 60-69
24	116	40.24	Jonathan Harris	Inverness Harriers	Male 50-59
25	80	40.45	William King	Moray Road Runners	Male 15-17
26	88	40.46	Keith Duncan	Garioch Roadrunners	Male 50-59
27	83	41.12	Kevin Morice	Moray Road Runners	Male 40-49
28	118	41.42	Gary Grant		Male 50-59
29	89	41.54	Noah Reid	Moray Road Runners	Male 15-17
30	53	42.2	Ryan Bruce		Male 40-49
31	57	42.39	Mark Brumby	Forres Harriers	Male 40-49
32	136	42.46	John Querstret	Moray Road Runners	Male 50-59
33	111	42.53	Brian Urquhart	Fraserburgh Running Club	Male 60-69
34	28	42.57	Grace Jenkins	Moray Road Runners	Female 18-39
35	87	42.58	Darren Main		Male 18-39
36	45	43.04	Elena Margallo		Female 15-17
37	11	43.41	Diane Harris	Deveron Harriers	Female 40-49
38	139	43.47	Malcolm Graham		Male 40-49
39	130	43.52	Shaun Campbell		Male 40-49
40	141	44.04	Euan Cantlie	Moray Road Runners	Male 50-59
41	132	44.25	Ewan Sinclair		Male 18-39
42	2	45.02	Michael Kingham	Forres Harriers	Male 50-59
43	85	45.03	Marc Mcleman	Peterhead Athletics Club	Male 18-39
44	3	45.05	Joanne Philip		Female 40-49
45	113	45.16	Lena O'Neill		Female 40-49
46	9	45.32	Scott Melville	Moray Road Runners	Male 18-39
47	12	45.41	Susan McRitchie	Forres Harriers	Female 50-59
48	145	45.55	Neil McWilliam		Male 50-59
49	65	46.2	Andrew Keefe		Male 18-39
50	101	46.23	Mark Crawford		Male 50-59

51	40	46.31	Scott O'Shane		Male 18-39
52	63	46.4	Tessa Milton		Female 18-39
53	30	46.54	Yvonne Cantlie	Moray Road Runners	Female 50-59
54	37	46.55	Steve Ingram	Garioch Roadrunners	Male 40-49
55	90	46.57	Stu Andrews		Male 50-59
56	86	46.59	David Nicholson	Inverness Harriers	Male 70-74
57	77	47.16	Ian Allan		Male 50-59
58	76	47.22	Jackie Nicol	Forres Harriers	Female 60-69
59	41	47.27	Anne Hewes	Moray Road Runners	Female 50-59
60	71	47.47	Callum Craib	Moray Road Runners	Male 18-39
61	148	48.2	Michael Savage	Forres Harriers	Male 40-49
62	46	48.56	Javier Margallo		Male 40-49
63	6	49.14	David Mackinnon	Nairn Road Runners	Male 60-69
64	99	49.31	Andrew Simpson	Moray Road Runners	Male 40-49
65	50	50.27	Josephine Thorburn		Female 18-39
66	13	51.01	Logan Poundall	Moray Road Runners	Male 18-39
67	79	51.27	Kimberley Sutcliffe		Female 18-39
68	84	51.38	Shauni Gibb	Peterhead Athletics Club	Female 18-39
69	150	51.55	Mike Whelan	Moray Road Runners	Male 60-69
70	140	52.15	Jordan Ledger	Nairn Road Runners	Male 40-49
71	102	52.26	Amanda Davidson		Female 40-49
72	22	52.42	Garry Henderson	Moray Road Runners	Male 60-69
73	18	53.07	Leanne Marshall	Moray Road Runners	Female 40-49
74	110	53.23	Stephen Taylor		Male 40-49
75	26	54.1	Andrew Tassell	Strathisla Striders	Male 50-59
76	20	54.13	Gavin Lewis	Keith & District AAC	Male 50-59
77	1	54.17	Laura Dawson		Female 40-49
78	67	55.12	Anna MacLeod		Female 40-49
79	10	55.51	Walter Baird		Male 60-69
80	42	56.12	Judy Leslie	Garioch Roadrunners	Female 60-69
81	82	56.28	Anna King	Moray Road Runners	Female 40-49
82	131	56.31	Gordon Main	Nairn Road Runners	Male 70-74
83	56	57	Mairi MacInnes		Female 50-59
84	144	57.16	Frances Russell	Forres Harriers	Female 60-69
85	15	57.17	Tracy Chalmers	Strathisla Striders	Female 40-49
86	34	57.25	Mary-Ann Thompson	Nairn Road Runners	Female 40-49
87	17	59.47	Robert Kellas		Male 40-49
88	16	59.47	Clare kellas	Strathisla Striders	Female 40-49
89	25	59.58	Jayne Mackenzie		Female 60-69
90	55	60.06	John Mitchell	Forres Harriers	Male 50-59
91	32	60.22	Ross Macdonald	Inverness Harriers	Male 60-69
92	93	60.4	Ashley Milton	Strathisla Striders	Female 18-39
93	24	61.16	Lisa Hepburn		Female 40-49
94	23	61.17	Vickie Glennie	Strathisla striders	Female 18-39
95	69	62.35	Robin Engelbrecht		Male 40-49
96	92	70.24	Malcolm Christie	Elgin AAC	Male 60-69
97	48	70.37	Bronwyn Gall		Female 18-39
98	68	75.13	Noeline Engelbrecht		Female 40-49
99	8	75.28	Kirsty Melville	Moray Road Runners	Female 18-39
100	117	79.11	Judyta Wieczorek		Female 18-39
101	133	79.2	Lisa More		Female 18-39

Category	Placing	Bib No	Position	Name	Time	Club
Male	1	66	1	Robin Regan	30.42	Inverness Harriers
	2	104	2	Shaun Cumming	32.15	East Sutherland
	3	122	3	Gordon Lennox	33.02	East Sutherland
M40	1	7	6	Ryan Slessor	36.23	MRR
	2	126	11	Dave Fraser	37.28	Peterhead
	3	124	14	Paul Paterson	38.22	Inverness Harriers
M50	1	61	16	Stephen Carmichael	38.23	MRR
	2	59	19	Pete Pattison	39.37	
	3	103	22	Russ Sanders	40.19	
M60	1	44	23	Rob Wynne	40.23	Garioch
	2	111	33	Brian Urquhart	42.53	Fraserburgh
	3	86	56	David Nicholson	46.59	Inverness Harriers
Female	1	128	12	Catrina Fraser	37.53	Inverness Harriers
	2	28	34	Grace Jenkins	42.57	MRR
	3	45	36	Elena Margallo	43.04	
F40	1	11	37	Diane Harris	43.41	Deveron
	2	3	44	Joanne Philips	45.05	
	3	113	45	Lena O'Neill	45.16	
F50	1	12	47	Susan McRitchie	45.41	Forres Harriers
	2	30	53	Yvonne Cantlie	46.54	MRR
	3	41	59	Anne Hewes	47.27	MRR
F60	1	76	58	Jackie Nicol	47.22	Forres Harriers
	2	42	80	Judy Leslie	56.12	Deveron
	3	144	84	Frances Russell	57.12	Forres Harriers

Team Prize		Position	Name	Time
Male	1	4	Sam Milton	34.28
	2	5	Ross Finlayson	36.04
	3	6	Ryan Slessor	36.23
Female	1	34	Grace Jenkins	42.57
	2	53	Yvonne Cantlie	46.54
	3	59	Anne Hewes	47.27